

Mosaic's Advanced Hand Washing Protocols

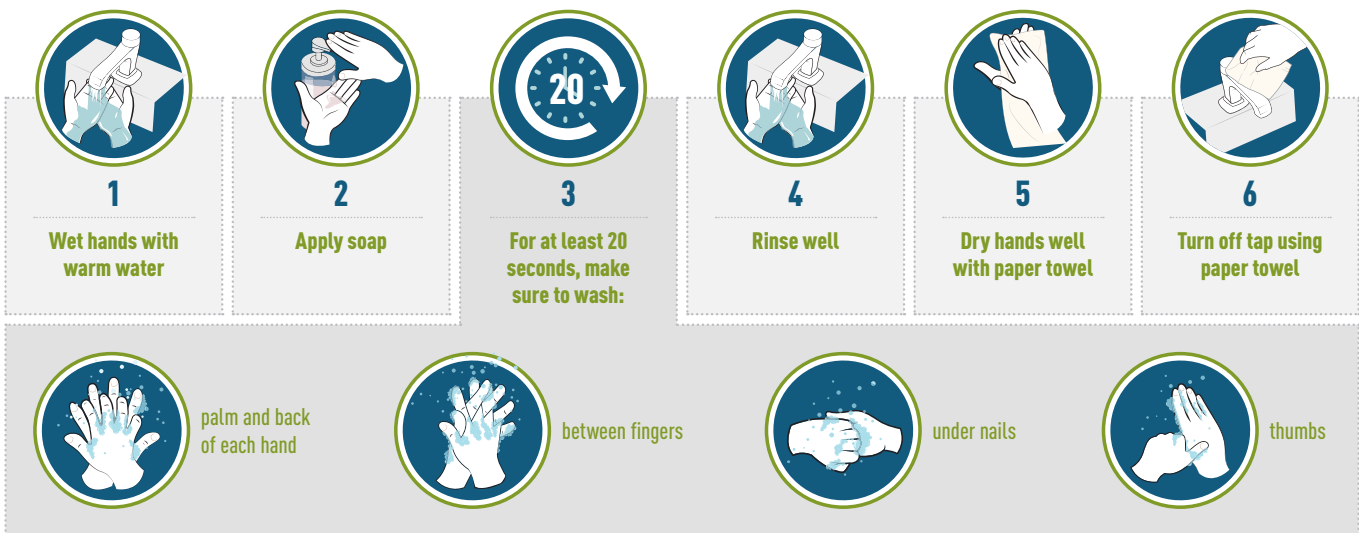
Wash Hands Immediately in ALL Instances:

- **Before Initial Client (Person)/Client Environment Contact:** This should be done on entry to the room or bed space, even if the client (person)/resident has not been touched.
- **Personal Care Procedures:** Clean your hands immediately before performing personal care and before putting on gloves. Procedures include showering/sponge bath, oral/denture care, perineal care.
- **After Body Fluid Exposure Risk:** Clean your hands after care involving contact with blood, body fluids, secretions and excretions of a client (person)/resident, even if gloves are worn and before moving to another activity.
- **After Contact:** Clean your hands after contact with a client (person)/resident, or items in their immediate surroundings, also when leaving the room/home, even if the client (person)/resident has not been touched.
- **Food Safety:** Clean your hands before preparing, handling or serving food or medications to a client (person)/resident.
- **Handling Garbage:** Clean your hands after disposing garbage.
- **Whenever in doubt!**

Notes to Remember:

- Hand washing is the most effective way to prevent the transmission of germs.
- The use of gloves does not replace the need to wash your hands.
- Discard gloves after each procedure.
- Do not wear hand jewelry – bacteria can linger onto bracelets, rings, and watches.
- Do not touch your face!

REDUCE THE SPREAD OF COVID-19. WASH YOUR HANDS.



- 1**
Wet hands with warm water
- 2**
Apply soap
- 3**
For at least 20 seconds, make sure to wash:
palm and back of each hand
between fingers
under nails
thumbs
- 4**
Rinse well
- 5**
Dry hands well with paper towel
- 6**
Turn off tap using paper towel

📞 1-833-784-4397

@ [canada.ca/coronavirus](https://www.canada.ca/coronavirus)